February 1985

NEW YORK CYCLE CLUB

IN ITS 49TH YEAR

FEBRUARY 1985

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INSIDE February Rides	PG(S) 2-3 3 4
Editor's Note	3
We Need a Welcome Wagon for New	4
Members: Can you Help Push? Board of Directors' Minutes Summary	, <u>(</u> 1
The Admiralty Space	, 4 5 6 6
Cycling Shorts	6
Annual Magazine Suggested:	6
Featuring Ride Maps GEAR-UP for '85	7
Application for GEAR-UP '85	8
February Club Meeting Program	9
*An A or B or C Ride By Any	
Other Name Tuesday, February 12, 6 P.M.	
O'Hara's - 120 Cedar Street	
1984 Financial Statement	10
Membership Update	11
Renewal Reminder	$\overline{11}$
NYCC Membership Application	12
P.O. BOX 877, BROOKLYN, NY 11202	



GUIDELINES FOR CLUB RIDES

WYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

1)

Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised. Be on time or a bit early. Rides will leave promptly. Rave your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.

Bring water, snacks, spare tube, patch kit, pump and lights for after dark.

5) Est a good breakfast.

B44-/B44---

RIDE AND RIDER CLASSIFICATION

KIE	KIGGES		Riding Pace
	ANDIALS SPORTS(WO)MEN	Anything goes. Eat up roads, hills and all. Vigorous riding over hill and dale. High regard for good riding style. Can take care	17+ mph
	TOURISTS	or themselves shaneler stob each the points of we'	• • •
		Moderate to brisk riding along scenic roads, including hills; destination not so important. Stop every hour or two.	
-c-	SICHTSKERS	Laisurely to moderate riding. Destination oriented: nature, historical, cultural. Stop every half to one hour.	8-11 mph
.D.	Beginners	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a dev.	to 8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. Ride Coordinators' mames and telephone numbers are listed on the cover of the Bulletin.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

Submitted by Maxim Vickers

Sat. Feb. 2 A 50+ miles 8:30	SANDS POINT GROUNDHOG HUNT. Leader: David Walls (212)344-0633; (212)570-6572. A winter training ride the distance of which will be determined by conditions and group. A break from the GW bus hassle and a change from Westchester. A food stop is planned. 8:00 AM temp. below 32F or ice/snow on road cancel. Let's start from the boathouse at 8:30 and avoid waiting in the cold.
Sun. Feb. 3 A 50 miles 9:10	WEST SHORE EXPRESS. Leader: Rich Herbin (212)666-2162. Board at the Central Park Boathouse and Ride the Pace Line to Nyack for a delicious snack. Temperature below 30°F snow, gale winds, etc. will cancel.
Sat/Sun	FEBRIARY DIAL-A-RIDE. During the month of February call Alinda Barth (718)441-5612 or Sara Flowers (718)544-9168 evenings and weekends if you are interested in a group ride. We may be riding curselves or we will try to bring potential leaders in touch with interested riders.
Sat. Feb. 9 A- 50-70 mm. 9:00	DIAL-A-RIDE. Call Marty Wolf (212)210-7547/(212)935-1460 during the day on Thursday or Friday or take your chances that she'll be home during the evening. We'll decide how far we'll ride (depending on the weekend weather forecast) and the meeting place.
Sun. Feb. 10 A 50 miles 8:50	SADDLE RIVER REDUK. Leader: Steve Sklar (212)245-3245. (Bike's must be the name of that town.) We will follow primarily familiar roads with some variations to keep the ride suspenseful. A couple of things are guaranteed, however: snowy, icy or wet roads will cancel the ride, as will 8:00 AM temperature below 20°F. Meet at the GW Bridge.
Sat/Sun B-/B/B+	DIAL-A-RIDE. See first weekend announcement for details.
Sat. Feb. 16 A 65 miles 8:00	OBSESSIVE NEUROTIC'S RIFE. Leader: Josh Keller (212)674-0955. Prior psychognalysis will not be required, but is recommended. Take your bike off the Racer-mate and see if you still can balance. If so, proceed to the Boathouse for a yet uncharted journey to far off lands. This will be a fast-paced ride in paceline. Icy roads will cancel. If the temperature is below 15°F the ride may be modified.
Sun. Feb. 17 A 50+ miles 9:00	MESTCHESTER PHANTOM RIDE. Leader: Doug Blackburn (212)888-0048. Desirous of maintaining Steve Sklar's record or arranging a full schedule of rides for those of us too demented to recognize it is winter, I will lead a ride to somewhere in Westchester. Maps will be provided, as will be an indoor foodstop at the halfway point. To prove that I am not totally crazy, the ride is cancelled of 8:00 AM temp. is below 30°F, or if roads are wet or slippery. Meet at the Central Park Boathouse for a prompt departure.

Mon. Feb. 18 FAIR WEATHER FLACSHIP. Leader: Steve Baron (212)228-0555.

Leaving from the Boathouse we will wind our way under the Henry Hudson bridge on the EAST side of the Hudson, to North Tarrytown, across the mountains and down to White Plains for French toast. Starting temperature below 28°F, winds over 20 mph, snow, etc. cancel. Call previous evening or before 8:00 AM Monday for confirmation if doubtful weather.

Sat/Sun/Non DIAL-A-RIDE. Se first weekend announcement for details. B-/B/B+ $\,$

Sat. Feb. 23 THE FLACSHIP BY ANY OTHER NAME. Leader: Lee Gelobter (718) 4-646-7037. Meet at the Central Park Boathouse for a quick (as quick as I can go after not riding for two months) ride for French toast or for other fine fare in downtown White Plains. Forecasts of snow, sleet or other such nonsense, icy roads, temps below 30°F will cancel.

Sun. Feb 24

A

Bekkerman (718)438-4746. Meet at the Boathouse for quick, staedy pace to Ossining. We will make one stop to avoid getting numb. Rain, snow, or temperatures below -20°F (!!!!)*

Sat/Sun DIAL-A-RIDE. See first weekend announcement for details.

* I could not resist an editorial comment. M.V.



Editor's Note

The new year seems to be a healthy one for NYCC. We've entered 1985 in sound financial shape. Despite unpredictable forecasts, leaders and coordinators have so far managed to plan rides for both days of each weekend. Also, the club is enjoying a burgeoning membership. At this writing, we're 522. Despite the cycling off-season, new people are presently applying to join. Hopefully, many of you new members will come out to the rides and, eventually, lead your own. This year, we're looking forward to a variety of new day trips, as well as getting together for the traditional long (cycling) weekends.

If you feel hesitant about appearing on a ride for the first time, break in at the General Membership meeting, February 12. O'Hara's, the new restaurant, has a cozy environment that can also accommodate a large, but sociable group like ours. You'll enjoy meeting several of our "old faithful" members in a more relaxing environment. If you've been a member for a while, why not try trading experiences with one new person. When bikies mix and mingle, there's always a lot to talk about!

Please come; we want to get to know you.



We Need a Welcome Wagon for New Members: Can You Help Push?

by Larry Rottersman Public Relations Director

How would you like to be rebuffed by a roomful of say 100 people? Sometimes that's how newcomers feel when they join and attend one of our meetings for the first time. Not that we're rude and insensitive and all that; it's just hard to notice the new member when you're catching up on news with a friend you haven't seen in a month of Tuesdays.

So, on the notion that public relations begins at home, I'm forming a committee of eight, more or fewer, extroverts who would like to be on the Hospitality Committee.

The idea is to call new members on the phone and invite them to the next meeting, and to stick with them until they are at ease, although not so long as till they ignore new members. Usually, one drink and one introduction should do it.

Board of Directors Meeting

JANUARY 1985 - MINUTES SUMMARY by Charlotte Hildebrandt

- 1. Authorized bank resolutions were completed for the administration of two Club accounts by Douglas Blackburn and Martha Ramos.
- 2. A final Treasurer's Report for fiscal 1984 was submitted together with a Comparative Income Statement.
- 3. An Ad Hoc Committee was formed for the selection of a new restaurant for the monthly General Membership Meeting.



The Admiralty Space

by Max Vickers



Ancient Russian wisdom maintains that one should attend to one's wheels during the winter and to one's sleds during the summer. With this in mind I would like to exhort the member-fall apart on that first ride in March, but also to start planning their pet riding projects while the snow is still on the ground. Any ride requiring advance signups, hotel reservations and such, when it is scheduled. The advance notification is even more two months.

On this very subject: we are in the current season blessed with the infrequent opportunity presented by the four-day celebration of the 4th of July. To make the most of it I would like to solicit input towards the following types of trips:

(a) All-Riding Tour (A/B+)

A four-day round-trip starting and ending at a convenient point near the city. Overnights spaced 40-60 miles apart by the DIRECTMOST PICTURESQUE ROUTE. Extension loops must be provided for more ambitious riders. Hoteling/hostling/camping.

(b) <u>Work & Play</u> (A)

Three nights at a nice country place within 100-125 miles from the city where we would ride Thursday, loll and frolic Friday and Saturday and ride back Sunday. Optional riding should be available, but a swimming pool is a must and other recreational facilities are desireable. NO COOKING.

(c) <u>Cartopper</u> (A/B/C)

To a nice country place within 150-200 of the city, leaving Wednesday night and returning Sunday. Rides must be planned in all three categories for all days. Recreational facilities useful. Situation in an area of scenic/tourist interest helps. Cook all you want.

(d) Cartop(aircarry?) To Tour (A/B+)

Essentially a variation of (1) where cars are used to get to and back from the tour starting point. Be sure to keep the Sunday leg SHORT.

If you feel truly ambitious, feel free to scheme up a two-week-long tour, preferably in Europe and preferably in September. Get together with a pair of people on this one and find out who in the club is affiliated with travel business.

(Continued on page 11.)



At times riding in traffic while skirting potholes is not an easy proposition. Keeping an eye on the traffic behind you lets you change lanes confidently and eliminates the problem of cars cutting in front unexpectedly. Traditional handlebar mirrors leave a lot to be desired. They're as heavy as the hand of fate, they bounce out of alignment, and they shatter easily. The solution is to use a tiny mirror that clips onto your helmet such as the THIRD EYE. Unlike many others, the THIRD EYE mounts to any helmet, and its ball-and-socket construction makes it easy to orient, even while you're riding. Its made of tough moulded plastic and costs \$7.50 at the AYH store, 75 Spring Street.

During World War II Italian bike racers were not sent to a war front. Instead, they remained in Italy and continued to race --- Mussolini loved cycling.

In August, I reported that Dustin Hoffman was signed by Columbia Studios to play the lead in THE YELLOW JERSEY. In December, Dustin started training for his role of an American in the Tour de France by purchasing an Eddy Merckx road bike from a well-known Mid-town bike shop.

The Skaters Waltz: The long slow dance around the plan to convert an ice skating rink in Newark's Branch Brook Park into a velodrome has come to its end ... you can sharpen your skate blades.

John Mulcare has a neat little trick for handling ball bearings when servicing his bicycle --- he uses a magnet.

If you want to get or keep your hubs clean and polished, just loop a pipe cleaner around the spindle. Be sure to make the loop large & loose so there is plenty of play as the hub rotates.

The Flickstand is a nice little item but you can achieve the same result by looping a stout rubber band around the valve stem and the down tube shift levers. Apart from being much lighter, the rubber band costs about \$6.00 less.



Using a watch as a compass: If you point the hour hand of the watch to the sum, SOUTH is exactly halfway between the hour hand and the 12 on the watch. For example, if it is 9 o'clock, point the hour hand to the sun, the point halfway between 10 and 11 is due SOUTH. At 4 o'clock, by pointing the hour hand to the sun, the figure 2 being halfway between 4 and 12 would indicate SOUTH.



Annual Magazine Suggested: Featuring Ride Maps



by Larry Rottersman

I would also like to hear from anyone interested in working on an annual magazine, to be published next January. The magazine would be a somewhat bowdlerdized version of <u>Bicycling</u>, featuring an anthology of rides in the tri-state area, articles, and with fond hope, ads to pay for the magazine and perhaps contribute to the newsletter budget.

If you have skills in editorial, graphics, sales, or if you just have interest, call and let's discuss.

GEAR-UP for '85 Martha Ramos

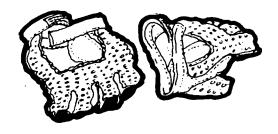
No, silly, this is not an article about the pros and cons of low gears versus high gears. GEAR stands for the "Great Eastern Area Rally." $\,$

If you don't already know about it, then listen up. GEAR offers an opportunity for cyclists from other clubs in the eastern U.S. to congregate, talk about bikes and routes, pig out, and, if they desire, go on pre-planned rides of 10 to 100 miles.

If you do know about it, you also know that one of the problems for NYCC'ers has always been traveling to the locations. Past GEARs have been in Shippensburg and Slippery Rock in Pennsylvania, and last year it was in Maryland. This year the rally is being held in New Jersey at Trenton State College (June 14-17), a distance of 60 miles (give or take, depending on the route). This offers the opportunity for most levels of NYCC cyclists to bike to the rally.

We will also be able to get rooms in the same dorm for all NYCC'ers who send their reservations in as a group by February 20. (A copy of the application is printed on the reverse side of this article.) If you want to be part of this contingent, send your application, along with the appropriate check and self-addressed, stamped envelope, to Roseann Korsa, 2807 Claflin Avenue, Bronx, New York 10468. Applications mailed after February 20 should be sent to GEAR UP in Lambertville, New Jersey.

Let's take this opportunity to show cycling prowess and our brand new patches by making this an impressive showing for the New York Cycle Club.



BICYCLE USA RALLY REGISTRATION FORM



GEAR UP PRINCETON '85

Ewing Township, New Jersey, June 14-17, 1985 (Friday-Monday)
Please complete all information below. Please PRINT. One person to a form. Form may be duplicated.

(Office Use Only)

First Name Middle	Last	Arc	ea Code and Telephone
Street Address or Box Number	City	State	Zip
Street vacuess or sox variable	,		r
Club Affiliation			,
Name of Emergency Contact		Emergency /	Area Code & Telephone
Age Male Female	I wish to room with: (send registration form in	the same envelope)	
(for room assignment)	<u> </u>		
REGISTRATION FEE (Children 11 years and under free) Fee includes program book, route markings, ride maps & cue sheets, rally patch, admittance to workshops, entry to exhibit area, and three nights entertainment.	BICYCLE USA MEMBERS (Enter L.A.W. Membershi Number		\$
☐ Please place me on your waiting list if registration capacity ha	s been reached. (Checks will be held until GEAR.)		s
JOINING BICYCLE USA Non-members may join BICYCLE USA to take advantage of the \$ □ Individual Membership (age 14 and over) □ Family Membership (two adults and unmarried children to ag With membership you will receive BICYCLE USA magazine, the ar provide support for the educational and legislative programs that	ge 21 living at the same address)	\$10 \$20	·
MEALS (Saturday breakfast through Monday breakfast including Adult or Child 7 years and older. Child 6 years and younger. Friday dinner (all ages) Vegetarian selections available at every meal at no extra charge			1 5 50 \$
HOUSING (Friday night through 4 p.m. Monday evening) Sheets, pillow case, and towel provided. Bring pillow, blanket & Double Occupancy (Some triple occupancies available upon rec 12 years and up per person rate. (Children 11 years and younger may sleep free on the floor of their rooms.	quest at same per person cost.)	\$30 ere are no single occupancy	\$
PRE-RALLY TOUR ☐ Information for the pre-rally tour has not been completed. confirmation.	If you desire this information, check the box and y	ou will receive it with your GEA	s
Friday Night: Bicycle races at the Lehigh County Velodron leaving at 5:30 p.m. Saturday Day: Bus trip to Atlantic City Casino. (Fee returne	d in the form of vouchers toward meal and quarters for Mansion by bicycle or auto. (Limit 50 persons)	\$1. or casino.)	3 3 50
GEAR UP PRINCETON '85 T-Shirt (All shirts men's sizes S M L)	XL) (Circle size)	\$7	
LATE FEE FOR REGISTRATION IF POSTMARKED AFTER APRIL 1	3	35	\$
DONATION to Bicyclists' Educational and Legal Foundation (tax	deductible)		s
		TOTAL ENCL	osen s
To receive your registration confirmation, send check or money GEAR UP I Mailed registrations must be received no later than May 25, 198 CANCELLATIONS: Fees are 100% refundable if written notice is prefunds after May 25. Indicate the following special needs:	PRINCETON '85, P.O. Box 185, Lambertville, N.J. 0853 	siness-size envelope to: (Checks p 0-0185	payable to:)
I will bring a tandem or a recumbent will require handicapped facilities I request a non-smoking roommate Child Care: Babysitting will be provided at a nominal fee for I will require a parking space for a hardtop recreational vehic	children ages 3-10. How many children and ages: le (No fee)		
I will be traveling to GEAR by: Bicycle Auto Airplane Bu:	s 🗆 Train		
RELEASE — all applicants MUST sign the release below: in signing this release for myself or the named registrant (if registra AMERICAN WHEELMEN, PRINCETON FREE WHEELERS and Tre safety during the CEAR UP Princeton '85 rally or any activities asso- sustained any property damage or personal injury by reason of the emergency medical treatment in the event of injury or illness. I a NOTE: It is expected that parents of children under 18 years will ar responsibility to see that all riders under their supervision are equipment.	nton State College and their officers, members, student ciated therewith. I thus release them and I agree to hold eir megligence in participating in or sponsoring or plann shall abide by traffic laws and regulations and practice grange for them to be accompanied on all rides by a resp	is and employees, respectively, are them harmless from any and all lial ing or arranging the event. I also he courtesy and safety in cycling, ionsible adult. Also, parents and/or	not insurers or my personal bility arising from my having reby consent to and permit adult riders will assume the
Signature of registrant	Date // 1985	Sion	ature of parent or guardian

Club Meeting Program FFBRUARY 1985



- arranged by Sara Flowers V.P. Programs

An A or B or C Ride by Any Other Name

Cast your eyes over the guide lines for rides, ride and rider classification at the beginning of the ride listing. Are you able to successfully fit yourself into the pattern? Did the rides you went on this year conform to these guidelines and classifications? Did you find rides which were comfortably or challengingly paced <u>for yor</u>? Were your ride leaders able to give you accurate information that helped you select and successfully complete your ride? As a ride leader or potential ride leader, do you agree with the guidelines and classifications?

At the <u>February meeting Irv Weisman</u> will provide us with <u>data from actual NYCC rides</u> and share his <u>analysis</u> of this data. This presentation will be combined with a <u>panel discussion of rides and ride classification</u>. The panel will be made up of a group of NYCC A, B, and C ride leaders, and they will be looking at <u>your</u> questions, comments, and observations, both during, and before, the program.

If you have questions or suggestions for the panel on these elements (riding speeds, classifications system, pace determination, successful ride selection), please call or write the following people prior to the February meeting.

Irv Weisman (212-562-7298)
Doug Blackburn (212-888-0048)
Maxim Vickers (212-889-7100/718-728-7179)

DATE: Tuesday, February 12, 1985

TIME: 6:00 P.M. for beer, cocktails, soda, or just plain socializing.

7:00 P.M. for dinner.

IF YOU WANT DINNER AT THE FIXED PRICE, YOU MUST PURCHASE IT BY 7 PM.

New Place: O'Hara's

120 Cedar Street

(Two blocks south of the World Trade Center, between Greenwich and Washington Streets)

If you choose to have dessert, upon paying for dinner you will be given a color-coded ticket. The \$2.00 surcharge is in effect: if you place your order after 7:00 P.M., the price will go up \$2.00 to cover the extra cost of preparing a late meal. Non-diners will be seated separately so that they will not be included in the dinner count. We've been having more people at recent meetings, so to help the new restaurant staff, we would appreciate it if you would indicate your preference not to eat anything.

BICYCLE PARKING: Your bicycle is welcome inside. But to insure that it's secure, make sure you bring a lock.

New York Cycle Club, Inc.

Statement of Accounts from December 1, 1983 to November 30, 1984

Balances on hand December 1, 1983	Checking Acct. Savings Acct Total	\$1744.18 1038.79 \$2782.97
Receipts		
Membership Patches and handling charges Bulletin Ads Interest Restaurant Collection Surplus	510.75 177.00 85.91	
Total Receipts	\$6294.66	
Expenses		
Bulletin Printing Bulletin Postage and Handling Membership Director's Expenses Patch Costs and Handling Program Expenses Bank Charges (including new checks) Public Relations Committee's Expenses AYH and LAW Affiliations Typewriter Repairs Secretary's Expenses Editor's Expenses Editor's Expenses VP Rides' and Coordinators' Expenses Treasurer's Expenses P.O. Box Rental Board Hosts Meals for Restaurant Money Collectors	1116.00 348.19 285.34 154.34 108.00 71.54 64.00 58.09 43.17 35.90 26.62 22.30 20.00 15.00	
Total Expenses	\$5263.55	
Balances on hand November 30, 1984	Savings Acct Checking Acct C.D. Cash Rest. Deposit Total	\$1466.55 1187.53 1000.00 110.00 50.00 \$3814.08

Other Assets: Typewriter, projection screen, silk screen, heat transfers, patches, stationery, PBP trophy

Respectfully Submitted,

L. Schweber

Edwin R. Schweber

Treasurer Fiscal 1984 Please submit your entries by mail or by hand (DO NOT CALL) including the following information:

1. Maps detailing proposed itinerary/rides.

2. Overnight location and descriptions.

3. Maximum/minimum number of participants.

4. Estimated trip cost per participant (Don't skimp: they got dough.)

Special attractions and features.

6. Reservation deadline, if any.

Let your creativity romp. All submittals in strictest confidence. Best trips will go. (And you will lead them!)

Yes, there shall be club jerseys. They shall be woolen, colorful, distinctive, highly visible, practical and proclaim NEW YORK CYCLE CLUB to the world on as many surfaces as money and decency will allow. What they will actually look like is UP TO YOU. Address your entries (front and back, in color) to the V.P. of Rides. The Governing Board will select three (3) superior designs for preference voting by the membership at one of our club meetings. A FREE JERSEY awaits that successful velo-couturier(e) whose creation is chosen to go into production!



Membership Update by Irene Walter, Membership Director

MEMBERSHIP AS OF JANUARY 10, 1985: 522.

NEW MEMBERS:				i
BARRISH, Norman BENTON, Barrett W. GILLILAND, Dean GONZALEZ, Fernando, HULL, Samuel P.	321 W. 24 St. #10F 136 W. 91 St. #8H 262 W. 91 St. Jr. 59 Gelston Ave. #5B 320 E. 22 St. #1L	N.Y. N.Y. N.Y. B'klyn N.Y.	10011 10024 10024 11209 10010	212-243-7247 212-362-7331 212-362-8098 718-238-6065 212-475-5431
JACKSON, Liza KENNEDY, Suzanne KLEIN, Douglas MATTNER, Mary MATTNER, Richard	536 E. 168 St. #86 418 E. 81 St. #4B 35-40 82 St. #3A 510 Clinton St.	Bronx N.Y. Jackson Hts. B'klyn	10456 10028 11372 11231	212-893-0158 212-249-3762 718-429-5869
ROBINSON, Robert WILLIAMS, William ZELLER, Chris	P.O. Box 507 580 Flatbush Ave. #17A 734 Broadway #4	N.Y. B'klyn N.Y.	10025 11225 10003	212-222-3166 718-284-7819 212=260-4879
NEW ADDRESS: STEVAERT, Julie	498 West End Ave. #10C	N.Y.	10024	212-496-1213

Please don't forget to renew membership!

Special Note:

We're 522 now, and growing. Please help the Membership Director by renewing early. Sending dues now will lighten the spring crunch. Thanks.



Arlene Brimer 345 W 85th St #36



Jody Sayler 49 West 75th Street 49 West 75th Street

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club its officers, and ride leaders blameless in case of accident.

NAMES(S)			PHONE (H)	
			(B)	
ADDRESS	•		APT.	
CITY		STATE	ZIP	
DATE		_ AMT. OF CHECK	NEW	RENEWAL
WHERE DI	D YOU HEAR OF N.Y.C.C.?			
OTHER CY	LCING CLUB MEMBERSHIPS:	(Circle) AMC A	YH LAW TA	CRCA CCC

1985 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with a check made payable to the "New York Cycle Club," to:

NEW YORK CYCLE CLUB, INC. P.O. Box 877 Brooklyn, NY 11202